

**LATIN AMERICAN SYLLABUS STEP LIST , LISTE DES FIGURES, COMPETITIONS & MEDAL TESTS**

		CHA CHA		RUMBA		SAMBA		PASO DOBLE
<b>Beginners</b> Débutants	1	Basic Movements, Closed, Open and in Place.	1	Basic Movements ( Closed, Open, In Place, Alternative )	1	Basic Movements: Natural and Reverse, Side and Progressive	1	Sur Place
	2	New York ( Left and Right side )	2	Cucarachas Left Foot and Right Foot	2	Whisks ( also with Lady's Underarm Turn )	2	Basic Movement
	3	Spot Turns to Left or Right ( incl. Switch and Underarm Turns )	3	New York to Left and Right side	3	Samba Walks in Promenade Position	3	Chassés to Right or Left ( including elevations )
	4	Shoulder to Shoulder Left side & Right side	4	Spot Turns to Left or Right ( incl. Switch and Underarm Turns )	4	Rhythm Bounce	4	Drag
	5	Hand to Hand ( Right and Left side position )	5	Shoulder to Shoulder	5	Travelling Voltas to Right and Left ( facing no turn )	5	Déplacement ( also Attack )
<b>Pre-Bronze</b> Pré-Bronze	6	Three Cha Cha Chas- Fwd and Back.	7	Progressive Walks forward or back	6	Travelling Bota Fogos Forward	7	Promenade
	7	Side Steps ( to Left and Right )	8	Side Steps ( to Left or Right )	7	Criss Cross Bota Fogos ( Shadow Bota Fogos )	8	Ecart ( Fallaway Whisk )
	8	There and Back	9	Cuban Rocks	3	Samba Walks ( Side and Stationary )	9	Separation
	9	Time steps					10	Separation with Lady's Caping Walks
<b>Bronze</b>	10	Fan	10	Fan	8	Travelling Bota Fogos Back	11	Fallaway Ending to Separation
	11	Alemana	11	Alemana	9	Bota Fogos to PP and CPP	12	Huit
	12	Hockey Stick	12	Hockey Stick	10	Criss Cross Voltas	13	Sixteen
	13	Natural Top	13	Natural Top	11	Solo Spot Volta	14	Promenade and Counter Promenade
	14	Natural Opening Out Movement	14	Opening Out to Right and Left	12	Foot Changes 1&2	15	Grand Circle
	15	Closed Hip Twist	15	Natural Opening Out Movement	13	Shadow Travelling Volta	16	Open Telemark
<b>Silver</b> Argent	16	Fan ( Development )	16	Fan ( Development )	12	Foot Changes 1-2-3-4-8	17	La Passe
	17	Open Hip Twist	17	Open Hip Twist	17	Open Rocks	18	Banderillas
	18	Reverse Top	18	Reverse Top	18	Back Rocks	19	Twist Turn
	19	Opening Out from Reverse Top	19	Opening Out from Reverse Top	19	Plait	20	Fallaway Reverse Turn
	20	Aida	20	Aida	20	Rolling Off the Arm	21	Coup de Pique
	21	Spiral Turns ( Spiral, Curl and Rope Spinning )	21	Spiral Turns ( Spiral, Curl and Rope Spinning )	21	Argentine Crosses	22	Left Foot Variation
	22	Cross Basic			22	Maypole	23	Spanish Lines
	23	Cuban Breaks ( incl. Split Cuban Breaks )			23	Shadow Circular Volta	24	Flamenco Taps
	24	Chase						
<b>Gold</b> Or	11	Alemana R to R Hand hold	7	Progressive walks fwd in Right shadow Position ( kiki walks )	12	Foot Changes 1 to 8	25	Syncopated Separation
	24	Adv. Hip Twist ( Development )	11	Alemana R to R Hand hold Advanced	24	Contra Bota Fogos	26	Travelling Spins from PP
	25	Advanced Hip Twist			25	Roundabout	27	Travelling Spins from CPP ( No Syncopation )
	26	Hip Twist Spiral			26	Natural Roll	28	Fregolina ( also Farol )
	27	Turkish Towel	22	Sliding Doors	27	Reverse Roll	29	Twists
	28	Sweetheart	23	Fencing	28	Promenade and Counter Prom. Runs	30	Chassé Cape ( incl. outside turn )
	29	Follow My Leader	24	Three Threes	29	Three Step Turn		
	29	Foot Changes	25	Three Alemanas	30	Samba Locks		
			26	Hip Twists - Adv. Continuous- Circular	31	Cruzados Walks and Locks		
<b>Gold Star - Etoile d'Or</b>			<b>Gold Star - Etoile d'Or</b>			<b>Gold Star - Etoile d'Or</b>		
Steps 1 - 29			Steps 1 - 26			Steps 1 - 31		
Figures 1 - 29			Figures 1 - 26			Figures 1 - 31		
See note - Voir note			See note - Voir note			See note - Voir note		
						31- Travelling Spins from CPP with syncopated timing		
						Steps 1 - 31 - Figures 1 - 31		
						See note - Voir note		

JIVE				General Information		Informations Générales	
<b>Beginners</b> Débutants	1	Basic in Place	<b>Silver</b> Argent	4	Hesitation (1-2 of link)	<b>Gold Star:</b> All above figures in each dance also the figures and amalgamations as written in the book Popular Variations by ISTD. Complete figures must be danced.	<b>Etoile d'Or:</b> Toutes les figures mentionnées dans chaque danse ainsi que les enchaînements tels que décrits dans le livre de Popular Variations de l' ISTD. Les figures complètes doivent être dansées.
	2	Fallaway Rock		15	Reverse Whip		
	3	Fallaway Throwaway		16	Windmill		
	4	Link (kick ball change all levels)		17	Spanish Arms		
	5	Change of Places Right to Left		18	Rolling Off the Arm		
	6	Change of Places Left to Right		19	Simple Spin		
<b>Pre-Bronze</b> Pré-Bronze	7	Change of Hands Behind Back	<b>Gold</b> Or	20	Miami Special	No restrictions. The use of arms should be rhythmical and suit the figure and the dance	<b>Bras</b>  Aucune restriction. L'utilisation des bras devrait être rythmique et convenir à la figure et à la danse.
	8	Hip Bump ( Left Shoulder Shove )		21	Curly Whip		
	5	Change of Places Right to Left with Change of Hands		22	Shoulder Spin		
	6	Change of Places Left to Right with Change of Hands		23	Toe Heel Swivels		
				24	Chugging		
				25	Chicken Walks		
				26	Catapult		
<b>Bronze</b>	9	American Spin	<b>Gold Star</b> Etoile d' Or	<b>Steps 1 - 27 Figures 1 - 27</b> See note - Voir note		<b>Please Note:</b> In syllabus competitions IDTA styling or foot positions may be used. Examinations remain as per ISTD  <b>Reference:</b> ISTD Manuals ISTD Popular Variations	<b>S.V.P. Notez:</b> Pour les compétitions, le style et les positions de pieds de l'IDTA peuvent être utilisés. Pour les examens utilisez l'ISTD <b>Références :</b> Manuels ISTD ISTD Popular Variations
	10	Walks					
	11	Stop and Go					
	12	Mooch					
	13	Whip					
14	Whip Throwaway						