

## **MEDALIST PROGRAM FOR YOUR STUDENTS**

The CDF Medal Program is an evaluation for beginners to more accomplished dancers marking their progress in dance. This is an excellent way for studios to build student loyalty, while providing “proof of progress” for their students. It is ideally suited to both “social” dancers and students who aspire to higher levels of performance.

### **EVALUATION FORMAT**

During a Medal Test, a student may either dance with their Professional Teacher or be partnered by another Amateur student. An Examiner will observe their dance performance, provide written comment and allocate a grade. At the completion of the test the successful student will receive their critique, a personalized Certificate for their dance level. In some levels the dancer also receives a Medal (pin). Please note that this is purely a dance test. No technique questions will be asked.

A single dance will take around 60 to 90 seconds. The entire test of routines will be between five and ten minutes depending on the number of dances and the level. The total time allotted depends on the number of dances being tested by each student. Typically, a Studio will have all students examined on the same day.

### **HOW TO PREPARE YOUR STUDENT**

The instructor will have prepared a routine or amalgamation of figures based on the CDF syllabus and suitable for each level of Medal (see “Examination Technique Books” below). The lower levels of testing generally consist of basic figures. Higher levels will include more complex figures which demonstrate that the dance fundamentals and technique from the lower levels have been built upon. The standard and quality of dance expected increases with each level.

Depending upon the Level and Style of the Examination (see below) a student will be required to demonstrate anywhere from one to eight dances. Each style is tested separately i.e. Ballroom, Latin American, American Rhythm or American Smooth. For example, at the Bronze Level, a Latin American dance student might choose to perform just two dances (Cha Cha and Jive). At Gold Level the student would be required to dance all five International Latin dances.



## **CDF STUDENT EVALUATION PROGRAM FOR YOUR STUDENTS**

### **AVAILABLE CDF MEDAL CATEGORIES**

*International Latin* - The choice of dances are Rumba, Samba, Paso Doble, Cha Cha , Jive.

*International Ballroom* - The choice of dances are Waltz, Foxtrot, Viennese Waltz, Tango and Quickstep.

*American Smooth* - The choice of dances are Waltz, Foxtrot, Tango and Viennese Waltz.

*American Rhythm* - The choice of dances are Rumba, Samba, Cha Cha, Merengue, Mambo, Bolero, East Coast Swing and West Coast Swing.

### **TECHNIQUE BOOKS TO BE USED FOR FIGURES**

International Ballroom: "The Ballroom Technique" published by The Imperial Society of Teachers of Dancing. These are available from "Dance Plus "in Ontario" The Viennese Waltz" by Harry Smith Hampshire. Note: The VW book is available from "Supadance London" under "Accessories and Shoe Care".

International Latin: "Latin American" currently published in separate books by The Imperial Society of Teachers of Dancing.

American Rhythm and American Smooth: The DVIDA ® American Style Syllabus produced by Dance Vision, USA. Technical Manuals, Tapes and DVD's are available at [DanceVision.com](http://DanceVision.com)

### **AGE CATEGORIES**

There are two age categories available to the Student:

*Junior*: Candidates must be 16 years of age or younger.

*Adult*: Candidates must be 17 years of age or older.



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### **MARKING SYSTEM**

During the session, the Examiner will allocate a Grade to each dance in the Candidate's performance summarizing to an overall mark if more than one dance is presented. All dances must have a minimum of "Passing Grade."

- P** = "Passing Grade" between 65% to 69%
- P +** = "Passing Grade" between 70% to 74%
- C** = "Commended" passing grade between 75% and 79%
- C+** = "Commended" passing grade between 80% and 84%
- HC** = "Highly Commended" passing grade between 85% and 93%
- Honors** = passing grade between 94% and 100%

### **CERTIFICATES AND MEDALS ( PINS )**

At the completion of the Medal Test all successful candidates will receive their critique, a score sheet and a personalized Certificate of their dance level (Bronze, Silver, Gold, etc.). At Full Bronze, Full Silver, Full Gold, Gold Star and Gold Bar Levels the Student will also receive a Medal (Pin) featuring a design identifying the Style tested. Supreme Award Candidate's receive a dance statuette with a personally inscribed base plate.

### **APPLICATION FOR THIS STUDENT MEDAL PROGRAM**

Application Forms are available from the Canadian Dancesport Federation website. The form contains details for submitting an application plus the current fee schedule. If you have any questions regarding the program please contact us through the web address. [info@canadiandancesportfederation.ca](mailto:info@canadiandancesportfederation.ca)

**Fees must be submitted at the time of application .**



## **CDF STUDENT EVALUATION PROGRAM FOR YOUR STUDENTS**

### **MEDAL TEST STYLES & LEVELS AVAILABLE**

**Note that all styles are tested separately and the choreography must include 75% of the figures in the syllabus level being tested.**

#### **INTERNATIONAL STYLE BALLROOM**

**PRE-BRONZE** - Choice of Figures from the Student Teacher Syllabus. Candidate presents 1, 2, or 3 dances. (VW is not a choice in this level)

**FULL PRE-BRONZE** – Choice of Figures from the Student Teacher Syllabus. Candidate must present 4 dances. i.e. Waltz, Tango, Slow Foxtrot, Quickstep (VW is not a choice in this level)

**BRONZE** - Choice of Figures up to and including the Associate Syllabus. Candidate presents 1, 2, or 3 dances –

**FULL BRONZE** – Choice of figures up to and including the Associate Syllabus. Candidate must present 4 dances. (VW is not a choice in this level)

**SILVER** - Choice of Figures up to and including the Licentiate Syllabus. Candidate must present 2 or 3 dances – example – 2 or 3 from Foxtrot, Waltz, Tango, Quickstep

**FULL SILVER**– **Choice of** figures up to and including the Licentiate Syllabus. Candidate must present 4 dances – 4 from Foxtrot, Waltz, Tango, Quickstep, Viennese Waltz

**GOLD** – Choice of figures up to and including the Fellow Syllabus. Candidate must present 4 dances Waltz, Tango, Slow Foxtrot, and/or Quickstep

**FULL GOLD** – Choice of figures up to and including the Fellow Syllabus. Candidate must present 5 dances – Waltz, Tango, Slow Foxtrot, Quickstep and Viennese Waltz

**GOLD STAR** – Restricted to figures of the Gold Star Syllabus. Candidate must present all 5 dances - Waltz, Tango, Slow Foxtrot, Quickstep and Viennese Waltz

**GOLD BAR** – Unrestricted syllabus. Candidate must present all 5 dances using unrestricted choreography Waltz, Tango, Slow Foxtrot, Quickstep and Viennese Waltz

**SUPREME AWARD** – Unrestricted Syllabus. Candidate must present all 5 dances – Waltz, Tango, Slow Foxtrot, Quickstep and Viennese Waltz



## **CDF EVALUATION PROGRAM FOR YOUR STUDENTS**

### **INTERNATIONAL STYLE – LATIN AMERICAN**

**PRE-BRONZE** - Choice of Figures from the Student Teacher Syllabus. Candidate presents 1, 2, or 3 dances.

**FULL PRE-BRONZE** – Choice of Figures from the Student Teacher Syllabus. Candidate must present 4 dances.

**BRONZE** - Choice of Figures up to and including the Associate Syllabus. Candidate presents 1, 2, 3 or 4 dances.

**FULL BRONZE** - Figures up to and including the Associate Syllabus. Candidate must present 5 dances.

**SILVER** - Choice of Figures up to and including the Licentiate Syllabus. Candidate presents 2 or 3 dances.

**FULL SILVER**– Choice of figures up to and including the Licentiate Syllabus. Candidate must present 4 dances.

**GOLD** – Choice of figures up to and including the Fellow Syllabus. Candidate must present 4 dances.

**FULL G** – Choice of figures up to and including the Fellow Syllabus. Candidate must present 5 dances.

**GOLD STAR** – Restricted to figures of the Gold Star Syllabus. Candidate must present all 5 dances.

**GOLD BAR** – Unrestricted syllabus. Candidate presents all 5 dances of unrestricted choreography.

**SUPREME AWARD** – Unrestricted Syllabus. Candidate presents all 5 dances.



## **CDF EVALUATION PROGRAM FOR YOUR STUDENTS**

### **AMERICAN STYLE – SMOOTH**

**BRONZE I** – Syllabus Figures 1 through 4

Candidate presents either 1 or 2 dances – example: Foxtrot and/or Waltz

**BRONZE II**– Syllabus Figures 1 through 7- Candidate presents either 2 or 3 dances – example: Foxtrot, Waltz and/or Tango

**BRONZE III** - Syllabus Figures 1 through 11, for Viennese Waltz Figures 1 through 5- Candidate presents 3 or 4 dances – example: Foxtrot, Waltz, Tango and/or V.Waltz

**BRONZE IV=FULL BRONZE** – Figures 1 through 15, in V.Waltz Figures 1 through 10- Candidate presents all 4 dances – Waltz, Tango, Foxtrot and Viennese Waltz

**SILVER I** – Syllabus Figures 1 through 7, V.Waltz 1 through 5 - Candidate presents all 4 dances – Foxtrot, Waltz, Tango and Viennese Waltz

**SILVER II = FULL SILVER** – Figures 1 through 15, in V.Waltz Figures 1 through 10 – Candidate presents all 4 dances - Foxtrot, Waltz, Tango and Viennese Waltz

**GOLD I** – Syllabus Figures 1 through 5 Candidate presents all 4 dances – Foxtrot, Waltz, Tango and Viennese Waltz

**GOLD II = FULL GOLD** – Figures 1 through 10 - Candidate presents all 4 dances – Foxtrot, Waltz, Tango and Viennese Waltz

**GOLD BAR** - Unrestricted Syllabus. - Candidate presents all 4 dances – Foxtrot, Waltz, Tango and Viennese Waltz

**SUPREME AWARD** - Unrestricted Syllabus.- Candidate presents all 4 dances – Foxtrot, Waltz, Tango and Viennese Waltz



## **CDF EVALUATION PROGRAM FOR YOUR STUDENTS**

### **AMERICAN STYLE – RHYTHM**

#### **BRONZE I** – Syllabus Figures 1 through 4

Candidate presents either 1 or 2 dances – example: Cha Cha and/or East Coast Swing

**BRONZE II.** – Syllabus Figures 1 through 7 Either 2, 3 or 4 dances – e.g.: Cha Cha, E.C. Swing and Rumba, Merengue or Mambo

#### **BRONZE III** - Syllabus Figures 1 through 11

From 3 to 6 dances – eg: Cha Cha, E.C. Swing, Rumba, & Merengue, Mambo or Samba

**BRONZE IV or FULL BRONZE** – Figures 1 through 15, in Bolero Figures 1 through 10 From 4 to 8 dances – e.g.: Cha Cha, E.C. Swing, Rumba & Mambo, also Merengue, Samba , Bolero and/or West Coast Swing

#### **SILVER I** – Syllabus Figures 1 through 5

From 6 to 8 dances – e.g.: Cha Cha, E.C. Swing, Rumba, Mambo, Merengue, Samba, plus Bolero and/or West Coast Swing

#### **SILVER II = FULL SILVER** – Syllabus Figures 1 through 10

From 6 to 8 dances – eg: Cha Cha, E.C. Swing, Rumba, Mambo, Merengue, Samba, plus Bolero and/or West Coast Swing

#### **GOLD I** – Syllabus Figures 1 through 5

All 6 dances – Cha Cha, E.C. Swing, Rumba, Mambo, Bolero and West Coast Swing

#### **GOLD II = FULL GOLD** – Syllabus Figures 1 through 10

All 6 dances – Cha Cha, E.C. Swing, Rumba, Mambo, Bolero and West Coast Swing

#### **GOLD BAR** - Unrestricted Syllabus.

All 6 dances – Cha Cha, E.C. Swing, Rumba, Mambo, Bolero and West Coast Swing

#### **SUPREME AWARD** - Unrestricted Syllabus.

All 6 dances – Cha Cha, E.C. Swing, Rumba, Mambo, Bolero and West Coast Swing